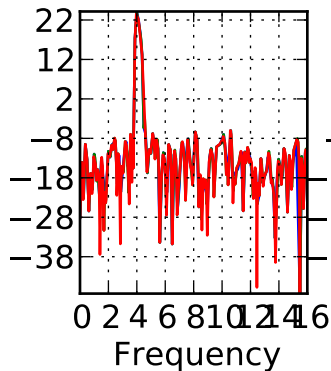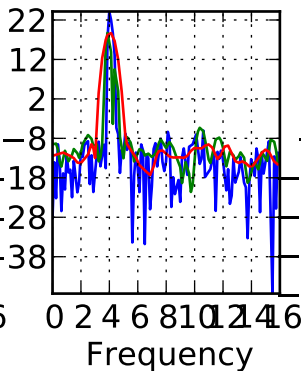zero padding   block size   overlap

Power Spectral Density (dB/Hz)

Frequency